



QUEEN OF
PEACE
CENTER



IMPACT REPORT | FY 2017

Family-Centered Treatment with
Hope, Dignity and Respect

Letter From The CEO

Several years ago I wrote in our annual report that “Our mission is strong, our vision is clear, and our faith is enduring.”

This is just as true today, if not more so. The staff and board of Queen of Peace Center just completed a 6 month strategic planning process where we collectively and deliberately reviewed and revised the agency’s mission, vision, values and long-term strategic plan. We came away from this process with a bold vision for the agency’s future and a clear understanding of how to get there.

Our strategic plan prioritizes our programs, workforce, financial sustainability and community impact. We are committed to operating high quality and sustainable programs that are outcome-based and responsive to client needs. In order to operate at our best, we need an engaged, mission-driven workforce and enhanced facilities. Our focus will be on expanding our reach through community engagement and diversified funding sources. At the heart of our plan is our commitment to our clients and our mission.

For over 32 years, we have provided prevention, education, treatment and housing to tens of thousands of women, children and family members and have done so with HOPE, DIGNITY, and RESPECT.



Our comprehensive services aim to break the cycle of substance use disorders in the family and the community. We are saving lives, reuniting families and restoring peace.

This impact report will be my last as CEO of Queen of Peace Center. In April 2018, I will be stepping down as CEO, making room for new leadership. Serving the women, children, families and staff has been an honor and joy. I have witnessed such beauty and transformation, courage and conviction. The strength of the human spirit can never be underestimated. I thank all of you—our loyal supporters—for walking with us on this journey. Your faith in our mission strengthens and empowers us as we go about doing some of the most important work—providing hope to those most in need.

Our Mission is Strong. Our Vision is Clear. Our Faith is ever Enduring.

-Lara B. Pennington
Chief Executive Officer

OUR VISION

A world where women, children and families live a life of recovery and wellness, free from trauma and substance use disorders.

OUR MISSION

The mission of *Queen of Peace Center* is to break the cycle of substance use disorders for women, children and families through family-centered behavioral healthcare.

As demonstrated by the life of Jesus Christ, *Queen of Peace Center* works to build a future of peace for families.

OUR VALUES

<p style="font-weight: bold; margin: 0;">WE FIND HOPE IN</p> <ul style="list-style-type: none"> - Transformation - Faith and Trust - Community 	<p style="font-weight: bold; margin: 0;">WE MODEL DIGNITY THROUGH</p> <ul style="list-style-type: none"> - Integrity - Excellence 	<p style="font-weight: bold; margin: 0;">WE SHOW RESPECT WITH</p> <ul style="list-style-type: none"> - Integrity - Excellence
---	---	---

Strategic Planning Priorities

1 High quality and sustainable programs that meet client needs

2 Culture of excellence

3 Financial resources to support our mission

4 Community presence that advances our work

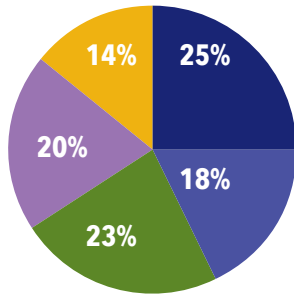
Who QOPC Serves

POPULATION

- 33% Of clients did not graduate high school
- 32% With co-occurring disorders
- 33% Uninsured clients
- 67% Medicaid clients
- 24% Homeless at admission

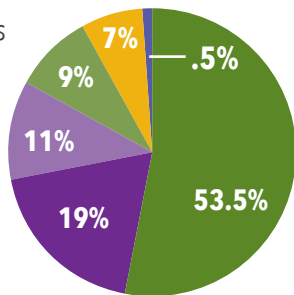
AGES

- 0-17
- 18-25
- 26-35
- 36-50
- 51+



PRIMARY DRUG OF CHOICE

- Heroin/Opioids
- Alcohol
- Marijuana
- Cocaine
- m-AMPH*
- Other



* Methamphetamine/Amphetamine

66% of clients reported heroin/opioids as their primary, secondary or tertiary drug of choice

Operating Revenues & Expenses

REVENUES \$9,588,489

EXPENSES \$9,180,804

- 79% Government Fees & Grants \$7,568,082
- 5% Other Income \$501,858
- 4% Fundraising \$391,689
- 4% Foundations \$321,144
- 3% Peace For Kids Child Dev. Center Fees \$267,401
- 2% Contributions \$238,749
- 2% Support from Catholic Charities & ACA \$200,628
- 1% United Way \$98,938

- 42% Personnel Costs \$3,901,197
- 34% Aid to Individuals \$3,094,085
- 8% Occupancy \$757,773
- 8% Fees & Service \$766,432
- 5% Program Supplies \$450,574
- 2% Depreciation \$164,014
- 1% Other Expenses \$46,729

GOVERNMENT FEES & GRANTS \$7,568,082

- 44% DMH - Shelter Plus Care \$3,305,749
- 37% DMH - CSTAR \$2,786,667
- 6% St. Louis City Homeless Services \$472,635
- 5% St. Louis County \$337,358
- 4% Mental Health Board \$335,125
- 3% SAMHSA \$273,066
- 1% Other \$57,482

Prevention

ARC ADOLESCENT RESOURCE CENTER

ARC is an early intervention and prevention program for St. Louis County youth between the ages of 12-19 who are at risk of developing substance use and/or mental health disorders or risky behaviors.

Adolescent Resource Center

- 350** Adolescents served
- 75%** Of adolescents demonstrated positive behaviors and improved symptoms



Pictured is Natalie, our ARC Therapist, with some of her clients' art therapy projects in the Arts in Residential and Therapeutic Settings with Youth Exhibition, which is presented by ARTSY (Arts in Residential and Therapeutic Settings with Youth).

Education

THE TILLES FOUNDATION

The Tilles funding has allowed the agency to implement new programming and support systems for education and prevention.

Many of the children who receive services often have difficulties forming healthy relationships, developing self-esteem and social skills, regulating emotions and controlling aggressive behaviors. With this grant, an early childhood mental health consultant has worked weekly with our teachers to instruct them how to use highly effective interventions with children who have these difficulties. The Tilles funding has allowed the center to create trauma informed classrooms so the children feel safe and thrive.

NURTURING NETWORKS

Nurturing Networks is a resilience-based program that offers social emotional support for children ages 0-6 impacted by maternal substance use in a therapeutic classroom setting.

- 100** Children received day care services
- 65%** Experienced a decrease in social, emotional, and behavioral problems
- 66%** Experienced social emotional level advancements



PEACE FOR KIDS CHILD DEVELOPMENT CENTER

Peace For Kids is a comprehensive early childhood and educational program for the children of Queen of Peace Center and the surrounding community.

- 45** Children served
- 100%** Enrolled were developmentally on target
- 100%** Of 4-5 year old children demonstrated kindergarten readiness
- 10** Children were provided scholarships to participate in the program



Since we don't have family here, they became my village to help me with all the questions I have. They've provided me so much comfort knowing my son is being cared for by such gentle, loving people. I am not sure where we would have been without them.

-PEACE FOR KIDS PARENT



Treatment

Family-centered behavioral healthcare provides a full continuum of individualized early intervention, treatment and long-term recovery support services to empower women, children, adolescents and families impacted by substance use disorders, co-occurring disorders and trauma. Services are provided in a residential and outpatient setting.

QOPC has hired a second physician to provide medication-assisted treatment (MAT) and primary care. Dr. David Glick is a primary care physician with a long-standing history of providing support to vulnerable women, children and families in our community. His area of expertise is the use of Suboxone and Subutex for treatment of substance use disorders. As a practicing physician at Family Care Health Centers in Saint Louis, Dr. Glick provides medical support three days a week to QOPC clients. In the past year and a half, Dr. Glick has engaged over 200 women in our MAT clinic.

QOPC is committed to addressing this epidemic through integrated healthcare and is thrilled to have the support of the Department of Mental Health and the Mental Health Board in order to fulfill this vision.

Family-Centered Behavioral Healthcare

- 1084** Women received services
- 151** Women received trauma services
- 200** Women and their families received family therapy
- 78%** Of moms demonstrated improvement in parenting skills
- 38%** Of women improved their level of functioning



At Queen of Peace Center, we are able to engage clients with access to MAT and much needed social and psychological treatments very quickly, then provide the continuity of services for longer term care. In this way, we are able to have a positive impact in the treatment of their addiction. The recognition of addiction as a chronic disease is a crucial component of this long-term care model.

-DR. GLICK



The greatest thing about this job is looking at the hope on the faces of people when they see that I actually showed up at the hospital to offer them help. No matter what time of the day it is, I'm there. Most of the time, I am all that they have; the only one that is there to advocate for them!

-TESS WOODS



EPICC ENGAGING PATIENTS IN CARE COORDINATION

With funding from the Substance Abuse Mental Health Services Administration and the Missouri Department of Mental Health, QOPC in collaboration with Saint Louis Behavioral Health Network (BHN), regional substance use treatment providers and hospitals, is participating in EPICC. EPICC provides access to medication-assisted treatment, peer-based recovery support services and substance use treatment for those who present with or recently experienced an opioid related overdose.

Tess Woods, a Recovery Coach with QOPC, performs outreach to accept referrals and enhance engagement in order to support retention in services, foster recovery and reduce overdose rates that have reached epidemic levels in our community.

Housing



Transitioning from QOPC, to St. Phil's, and now to OLPH, has been around positive people. I enjoy that; being around positive people that aren't using today. I have over 2 years clean, and I am very grateful for my higher power for that, my treatment team, and the staff.

-SHARON

OUR LADY OF PERPETUAL HELP

QOPC re-tooled what was once a transitional housing program for women into a congregate style permanent supportive housing program for women. Through this new housing model, it is anticipated that more women will transition from homelessness to permanency, opening the doors to improved health and stability.

As of July 1st, 2017, Our Lady of Perpetual Help (OLPH) now serves as a recovery home for formerly homeless women. The facility is supported by staff 24/7 with onsite recovery support services including employment support, budgeting and life skills. Over the summer, QOPC staff and volunteers renovated the facility and with funding from the Department of Mental Health, furnished the facility with all new couches, beds and desks.

- 64** Women served
- 83%** Obtained employment/vocational training and/or education

Queen of Peace Center believes that housing coupled with treatment helps break the cycle of substance use and homelessness. Transitional, supportive and permanent housing is provided at six locations and at scattered community sites.

ST. PHILIPPINE HOME

As of July 1st, 2017, St. Philippine Home now serves as the long-term residential program for pregnant and postpartum women and their children. With capacity for 33 beds, the facility will allow QOPC to expand access to care to this high-risk population. QOPC partnered with Alliance for Life over the past year to provide residential care, parenting, case management and life skills to women and their children. QOPC continues to partner with SSM St. Mary's WISH Center (Women and Infant Substance Help). The WISH Center provides integrated medication assisted treatment and prenatal care to our clients thus ensuring a healthy pregnancy and delivery.

- 32** Women served
- 20** Children served
- 100%** Of mothers gave birth to a drug free baby
- 100%** Of women had access to prenatal, postpartum, and primary healthcare



SHELTER PLUS CARE

Permanent Supportive Housing is provided through QOPC's Shelter Plus Care Program, a subsidized housing program for QOPC clients and their families who experience homelessness and disability. QOPC provided permanent housing through the Pope Apartments, Visitation Apartments, The Annex, Miami Apartments and scattered sites.

- 952** Women, men, and children housed
- \$3,058,523** Provided in housing and utility assistance

Community Engagement

In the past year, we have been blessed with support from the community in new and exciting ways. Through these partnerships and many more, we are able to offer support and services to our clients, their children, and families with Hope, Dignity, and Respect.

We are so grateful for our partnership with the St. Louis Diaper Bank which provides us with 1,000 diapers each month. This partnership alleviates the tremendous burden and expense of diapers from our new mothers and allows them to focus on staying healthy themselves and keeping their children healthy, too.

Students from Nerinx Hall High School have also consistently been involved over the last year through organizing our donations and spending time with the children enrolled in Peace for Kids. Nerinx Hall has supported us in other ways as well such as selecting us to be one of two recipients of their SHOUT (Students Helping OUT) Week. The \$16,000 contribution has gone a long way towards our efforts to provide a hospitable environment for all of our clients.

St. Raphael the Archangel Parish supported Queen of Peace Center through their Lenten Project. Fr. Bob Reiker and Pam Hager worked tirelessly to spread the word of our mission and meet their goal in order to purchase a much-needed van for Queen of Peace Center. John Schicker and McMahon Ford worked with St. Raphael to secure a new van at a great price.

Additionally, a grant from the Department of Mental Health offered us the opportunity to make the residential rooms, the group meeting rooms, and the client lounge areas more comfortable, welcoming, and warm. The new furniture, fresh paint, improved lighting, and updated linens have made a substantial difference in helping our clients feel at home.

Smiling clients as the keys were handed over to our new van from St. Raphael!



Capturing the day when we received our first diaper from the St. Louis Diaper Bank!



Pictured is our inspiring mother and son duo, Kristy and Guiliano, who were our guest speakers at For Peace Sake in 2016!



FY 2017 Events

29th Annual Invitational Golf Tournament

Major Sponsors: BUNZL and Emerson

\$287,182.80

For Peace Sake Fun Raiser For Recovery

Major Sponsor: Independent Tire Dealer

\$95,253.40

Peace For Kids Trivia Night

\$9,252.85

**QUEEN OF
PEACE
CENTER**



Family-Centered Treatment with
Hope, Dignity and Respect

325 North Newstead | Saint Louis, MO 63108
314.531.0511 | WWW.QOPCSTL.ORG



@qopc_stl



/QueenofPeaceCenter



@qopc_stl

NONPROFIT ORG.
U.S. POSTAGE
PAID
ST. LOUIS, MO
PERMIT NO. 2546

FY 2017 Leadership

CHIEF EXECUTIVE OFFICER

Lara B. Pennington

BOARD OF DIRECTORS

PRESIDENT

Charles Q. Brown

VICE-PRESIDENT

Brian Sponsler

TREASURER

Tony Kennedy

SECRETARY

Adrienne Berra

MEMBERS OF THE BOARD

Mike Annis

Nicole Balkenbusch

Jim Barnes

Alenda Branch

Eric Carlson

Ronald J. Faulbaum

Nancy Giljum

Kim Hinton

Karen Leeker

LaVerne Lorenzini

Dawn Lynch

Donna McDonald

Julia Mills

Terese Mitchusson

Michael Schumacher

Jean T. Soukenik

Addie Tompkins

Devon Young

Thomas Zatkulak

EX OFFICIO

Theresa E. Ruzicka

ADVISORY BOARD

Jon Carlson

George Marklin

Robert McCulloch

J. Kim Tucci

EXECUTIVE DIRECTOR

EMERITUS

Constance S. Neumann

Partners



Missouri Foundation
for Health
a catalyst for change



Sisters of St. Joseph of Carondelet
ST. LOUIS PROVINCE
together... we are more

