



QUEEN OF
PEACE
CENTER



IMPACT REPORT | FY2018

Family-Centered Treatment with
Hope, Dignity and Respect

LETTER FROM THE CEO



This has been a year of transition, growth and opportunity for Queen of Peace Center. In May 2018, I was named the

new CEO for Queen of Peace Center after serving as the Clinical Director and Chief Program Officer for the previous 18 months. The opportunity to lead such an amazing organization, in the midst of an opioid epidemic that is deeply impacting our community, has been challenging and extremely rewarding.

With the guidance of our strategic plan, mission, vision, and values, I and the rest of the QOPC family continue to be confident in our ability to effectively respond and evolve to meet the increased need for care in the community. Our focus remains on providing mission-driven, high quality, sustainable programming as well as developing an engaged workforce.

As a leader in Family-Centered Behavioral Healthcare for women with substance use disorders, co-occurring disorders and trauma, we do not take this responsibility lightly. The dedication of our staff, perseverance of the clients and the commitment of the board, community partners and supporters ensure that we are able to make a strong impact on the lives of those we serve and their families. Thank you for your continued support of our mission.

-Sharon Spruell
Chief Executive Officer

Family-Centered Treatment with Hope, Dignity and Respect

OUR VISION
A world where women, children and families live a life of recovery and wellness, free from trauma and substance use disorders.

OUR MISSION
The mission of Queen of Peace Center is to break the cycle of substance use disorders for women, children and families through family-centered behavioral healthcare.
As demonstrated by the life of Jesus Christ, Queen of Peace Center works to build a future of peace for families.

OUR VALUES

<p>WE FIND HOPE IN</p> <ul style="list-style-type: none"> - Transformation - Faith and Trust - Community 	<p>WE MODEL DIGNITY THROUGH</p> <ul style="list-style-type: none"> - Integrity - Excellence 	<p>WE SHOW RESPECT WITH</p> <ul style="list-style-type: none"> - Family as the Center - Service
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QOPC: THEN & NOW

Queen of Peace Center began serving the community in 1985 as an affiliate of Catholic Charities of St. Louis to support women recovering from substance use disorders. The primary substances of use at the time were alcohol and cocaine. It opened with 17 beds for residential women and enough staff to count on your fingers. In the beginning, Queen of Peace Center was solely reliant on private funding.

In 1988, Queen of Peace Center served 100 women a year on a \$700,000 budget. Today, we serve over 1,200 women, their families and children, as well as at-risk adolescents a year on a budget of nearly \$10,000,000.

WHAT MAKES US UNIQUE

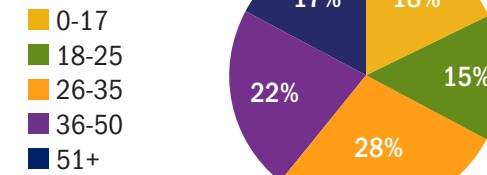
United States & Other Jurisdictions vs. Missouri 2017 National Survey of Substance Abuse Treatment Services (N-SSATS)		
Services offered by QOPC	United States & Other Jurisdictions	Missouri
Childcare for Clients' Children	6.4%	7.8%
Transportation Assistance to Treatment	43.6%	46.7%
Residential Beds for Clients' Children	2.8%	4.3%
Specifically Tailored Programs or Groups for Pregnant or Postpartum Women	22.4%	14.8%

WHO QOPC SERVES

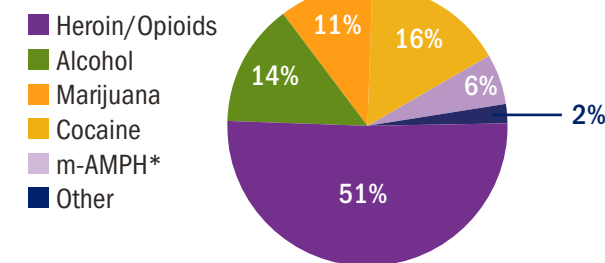
POPULATION

- 33% Of clients did not graduate high school
- 31% With co-occurring disorders
- 50% Uninsured clients
- 47% Medicaid clients
- 18% Homeless at admission

AGES



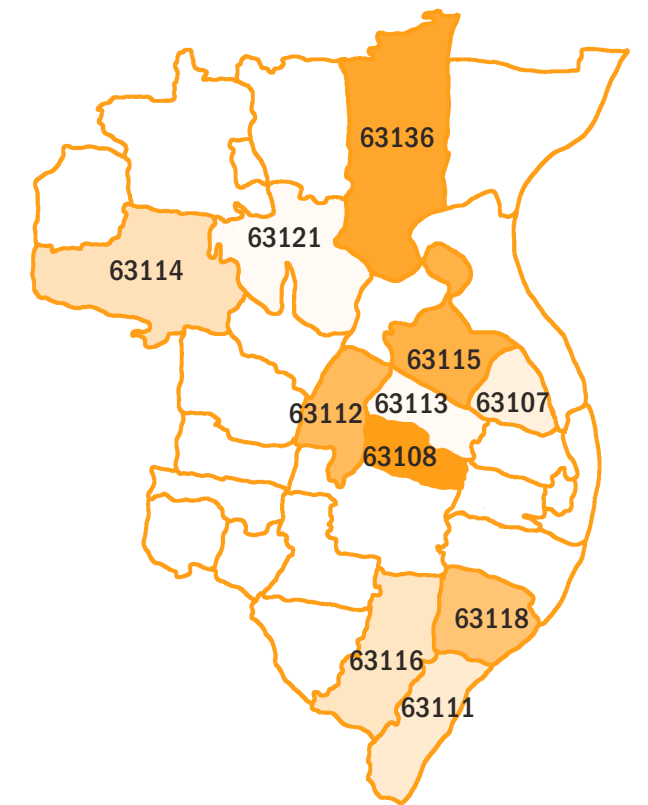
PRIMARY SUBSTANCE OF USE



*Methamphetamine/Amphetamine

57% of clients reported heroin/opioids as their primary, secondary, or tertiary substance of use

TOP 10 ZIP CODES SERVED



- 1.) 63108, 2.) 63136, 3.) 63115, 4.) 63112, 5.) 63118, 6.) 63114, 7.) 63116, 8.) 63111 9.) 63107, 10.) 63121 and 63113 (tied)

OPERATING REVENUE & EXPENSES

REVENUES \$9,959,069

- 80% Government Fees and Grants \$7,923,549
- 4% Fundraising \$395,261
- 3% Contributions \$345,812
- 3% Peace For Kids Child Dev. Center Fees \$285,747
- 3% Foundations \$285,093
- 2% Support from Catholic Charities & ACA \$222,743
- 1% United Way \$109,300
- 4% Other Income \$391,563

EXPENSES \$11,132,087

- 37% Personnel Costs \$4,108,992
- 33% Aid to Individuals \$3,630,776
- 8% Occupancy \$857,614
- 8% Fees and Service \$878,053
- 4% Program Supplies \$431,046
- 2% Depreciation \$192,066
- 6% Loss from Sale of Asset \$743,689
- 2% Other Expenses \$289,850

GOVERNMENT FEES & GRANTS \$7,923,549

- 43% DMH - Shelter Plus Care \$3,391,169
- 32% DMH - CSTAR \$2,538,350
- 5% St. Louis City Homeless Services \$397,509
- 4% St. Louis County \$288,349
- 8% Mental Health Board \$331,965
- 4% SAMHSA \$644,535
- 4% Missouri Alliance \$300,458
- <1% Other \$31,215

Queen of Peace Center developed our prevention and education programs to serve as our mechanism to stop substance use before it starts, to break the cycle of substance use disorders for families, and to provide additional resources to ensure a healthy lifestyle.

PREVENTION

ADOLESCENT RESOURCE CENTER

The Adolescent Resource Center (ARC) is an early intervention and prevention program for St. Louis County adolescents ages 12-19 with substance use and/or mental health disorders, as well as those who are at risk of developing disorders or risky behaviors. The vision of ARC is to promote the holistic growth and development of at-risk youth by engaging them in individual and group psycho-educational and therapeutic counseling sessions in order to help encourage a healthy transition from adolescence to adulthood.

313 Adolescents served
71% Of adolescents demonstrated positive behaviors and improved symptoms

ARC empowers youth to express themselves in healthy ways, such as artwork. On April 6, 2018, QOPC held our first free art exhibit called *The Art of Wellness: Hope, Dignity, and Respect* at the Good Shepherd Arts Center, which showcased some of the adolescents' work.



EDUCATION



PARENTING EDUCATION PROGRAM

Queen of Peace Center's Parenting Education Program provides full scale parenting services designed to increase parenting competence and reduce psychosocial and behavioral risks that could interfere with effective parenting, while promoting healthy infant and child social and emotional adjustment.

341 Women received parent education classes
68% Of moms demonstrated improvement in parenting skills

NURTURING NETWORKS

Nurturing Networks is an early intervention and prevention program for children ages 0-6 impacted by maternal substance use. This resilience-based program offers social-emotional support in a therapeutic classroom setting. Therapeutic services include children's therapy, children's case management, and child care.

113 Children received child care services
76% Experienced a decrease in social, emotional, & behavioral problems
49% Experienced social-emotional level advancements

PEACE FOR KIDS

Peace For Kids Child Development Center is an early childhood development center committed to providing a high quality, nurturing, and safe learning environment to a diverse population by meeting the individual needs of the whole child through developmentally appropriate interventions and curriculum.

37 Children served
100% Enrolled were developmentally on target
100% Of 4-5 year old children demonstrated kindergarten readiness
5 Children were provided scholarships to participate in the program



TREATMENT

Family-Centered Behavioral Healthcare provides a full continuum of individualized early intervention, treatment and long-term recovery support services to empower women, children, adolescents and families impacted by substance use disorders, co-occurring disorders, and trauma. Services are provided in a residential and outpatient setting.

FAMILY-CENTERED BEHAVIORAL HEALTHCARE

1201 Women received services
115 Women received trauma services
367 Women and their families received family therapy
97% Of those we serve are satisfied with services

Help us congratulate these women recognized in our 2018 Celebration of Recovery! Nothing makes us happier than to be trusted to walk with them on this journey and see them accomplish all that they set out to do and more!



QOPC began a partnership with Assisted Recovery Centers of America (ARCA) to provide psychiatric care and Medication Assisted Treatment (MAT). This partnership has complemented our vast array of services which include: counseling, community support, family therapy, child therapy, parent education, nursing services, and on-site Medication Assisted Treatment (MAT) provided by primary care physician Dr. David Glick. The addition of this partnership has allowed us to address the varying needs of the women served by Queen of Peace Center in a safe, familiar, and convenient environment.

"I'm growing, continuously, day by day. I'm grateful for recovery. I'm grateful for Queen of Peace [Center]. This is where my journey started. I thank God for Queen of Peace."

- Woman in 2018 Celebration of Recovery



PREGNANT & POSTPARTUM WOMEN (PPW) GRANT

Awarded in Fiscal Year 2018, the Residential Treatment for Pregnant and Postpartum Women Grant provides \$524,015.00 per year for the next five years for our residential and outpatient programs for pregnant and postpartum women. Rarely has the Substance Abuse and Mental Health Services Administration (SAMHSA) awarded a bi-state grant of this kind, allowing QOPC to serve women and children from both Missouri and Illinois. Our bi-state partnership with Chestnut Health Systems is essential for many Illinois women living near St. Louis, since the next closest treatment facility of this kind is located in the Chicago area.



"QOPC is in a unique position where we can set a standard on how to provide care to pregnant and postpartum women for other states. Through this grant, MO and IL pregnant and postpartum women have access to counseling, community support, family counseling, long-term residential services, and parenting classes. For the first time ever, QOPC is able to have an impact over state lines."

- Clara Stevenson
Chief Program Officer

HOUSING

Queen of Peace Center believes that housing coupled with treatment helps break the cycle of substance use disorders and homelessness. Supportive and Permanent Housing is provided at five locations and at scattered community sites.

"Queen of Peace saved my life. And they helped me save my baby's life by helping me bring a healthy baby into the world. All the staff here are a big support because I don't have [anyone] else."



"There's always someone there if I have any questions or concerns about me or my baby. They're like family. Without Queen of Peace, there's no telling where I'd be."

ST. PHILIPPINE HOME

St. Philippine Home is a long-term residential program for pregnant and postpartum women and their children. It is one of the only maternity homes connected to substance use disorder treatment in Missouri! The goal of this program is to provide a safe and therapeutic environment to ensure the delivery of substance-free babies and long-term recovery support. This facility is able to serve 10-12 women and 10 children at a time. QOPC partners with Alliance for Life, SSM St. Mary's WISH Center, and Generate Health to support the women and children in the care of St. Philippine Home. Since 2010, 96% of babies have been born substance-free, but within the last two years, 100% of babies have been born substance-free!

24 Women served
18 Children served
100% Of mothers gave birth to a substance free baby
100% Of women had access to prenatal, postpartum, and primary healthcare

OUR LADY OF PERPETUAL HELP

Our Lady of Perpetual Help provides congregate style permanent supportive housing for women experiencing chronic homelessness and substance use disorders. This facility has a 12 single room occupancy and is supported by staff 24/7 with onsite recovery support services including employment support, budgeting, and life skills.

The residents have worked hard to make OLPH a relaxing and fulfilling environment to call home. Residents, through their hard work and with the help of dedicated volunteers, were able to make upgrades to the backyard at OLPH. The new garden has flourished, giving our residents the opportunity to enjoy the therapeutic benefits of nature, as well as eat some of the produce grown. The residents also had a rewarding experience working together as a team to put together a new patio set from start to finish.

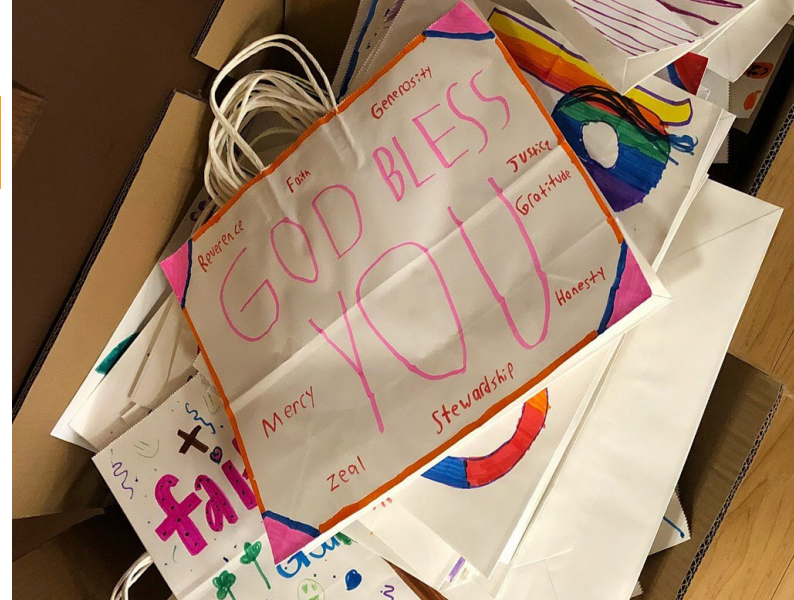
27 Women served
50% Women maintained or increased their total income



SHELTER PLUS CARE

Shelter Plus Care is a permanent supportive housing program offering rental and utility assistance with the goal to assist individuals and families experiencing homelessness in accessing the basic human right of housing. QOPC provided permanent housing through Visitation Apartments, The Annex, Miami Apartments and scattered sites.

1073 Women, men, and children housed
\$3,148,652 Provided in housing and utility assistance



COMMUNITY ENGAGEMENT

The metropolitan and surrounding St. Louis area has opened their hearts and supported our mission to strengthen our community in various ways this past year. Our partnerships and supporters mean the world to us, so we want to extend a special thank you to everyone that has helped us provide services with hope, dignity, and respect. Your helping hand has made a difference. A few partners include:

On December 6, 2017, St. Gerard Majella School hosted a "Santa's Workshop," which allowed students of all grade levels to work together and create personalized gift bags to be filled with the items they brought to be donated to QOPC. They brought shoes, clothing, hygiene items, and so many other things that were greatly needed by our clients and their children! Speaking of necessary items, the middle school had a competition to see who could donate the most underwear!

Ladies Encouraging Others (L.E.O.), a group of officers from the St. Louis Police Department, hand delivered purses and goodies for their "Blue Bags With Swag" event for the second year in a row on January 9, 2018! QOPC is grateful for them uplifting our clients with this community outreach. For our clients, this experience is really special and sometimes the first time they've been able to pick out a purse of their own.

I Support the Girls - Edwardsville, IL paid us a special visit in May of 2018 to help us support the girls that we serve by donating bras and feminine hygiene products. Their belief that "women and girls should never have to compromise on dignity" is one that we also share. The health and wellness of those we serve has been positively impacted from their generosity.

FY 2018 EVENTS

30th Annual Invitational Golf Tournament

Major Sponsors: BUNZL and Emerson
\$299,707.32

For Peace Sake Fun Raiser For Recovery

Major Sponsor: Independent Tire Dealer
\$79,414.66

Peace For Kids Trivia Night

Major Sponsor: Emerson
\$11,085.52





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